

Grimsley Men's Soccer...Summer and Fall Information!!!

Parents and players:

There is a lot of information in this document, I tried to keep it brief, but I was unsuccessful. Please read it and then save it so that you can refer to its contents over the coming months.

Requirements for Eligibility to participate in Sports for the Fall:

The grades from this 2nd semester (must pass 5 classes), along with promotion to the next grade (must be promoted) and attendance at school (85% of days present for the 2nd semester...students-athletes cannot miss more than 12 days in the 2nd semester) are requirements for eligibility to play during the fall of 2021. All rising 9th graders are academically eligible for the upcoming fall season. I will be checking grades in the coming days and then reaching anyone that might need help with grade recovery or summer school to become eligible in the fall.

Physicals:

Everyone needs an up to date physical in order to participate in summer training sessions. It is best to take care of this immediately and then you are good for the remainder of the school year. Please make certain that you get a copy so that you can bring it to me. Without a copy of your physical, in my hands or on record with the Athletic Trainer, student-athletes will not be able to train or try-out for the team in August. More details about try-outs below.

Summer workouts:

We will have workouts on Monday, Wednesdays and Saturdays, from 9-11:30am, during the summer months. The only exception to these days will be the very 1st training, held on **Thursday, June 10th**...if anything changes due to weather or field conditions, then I will email you.

These are the dates for summer training.		Please note the dates we cannot train.	
Monday	Wednesday	Saturday	
	Not WED...instead start Thursday → June 10th ~ Training	June 12 th ~ Training	
June 14 th ~ 1 st day of Summer Training	June 16 th ~ Training	June 19 th ~ Training	
June 21 st ~ Training	June 23 rd ~ Training	June 26 th ~ Training	
June 28 th ~ Training	June 30 th ~ Training	July 3 rd ~ Training	
July 5 th ~ No Training	July 7 th ~ No Training	July 10 th ~ No Training	
July 12 th ~ Training	July 14 th ~ Training	July 17 th ~ Training	
July 19 th ~ No Training	July 21 st ~ No Training	July 24 th ~ Team Camp @ UNC-G	
July 26 th ~ Training	July 28 th ~ Training	July 31 st ~ Training	
August 2 nd ~ First Day of Tryouts	Try-outs will be each day	during the 1st week of August.	

Weight Room:

Due to current Covid-protocols that are currently in place, we will not be using the weight room at the beginning of the summer. If restrictions are relaxed or lifted during the summer months, then we will re-evaluate our schedule.

Dead Periods:

There are 2 weeks during the summer which are considered "Dead Periods" according to the NCHSA and we are not allowed to work out as a team.

Week 1: The week of July the 4th through the July 10th

Week 2: The week of the NCCA clinic and All-Star Week... (July 18th – 22nd)

UNC-G Team Camp: Once again we are planning on attending a team camp at UNC-G. (Friday, July 23rd – 25th) →

- Nothing has been finalized, but this is what we are planning to do.
- A few Details...
- Check-in: Friday @ noon
- 2 sessions on Friday, 3 sessions on Saturday...and 1 on Sunday...ending by 1pm
- Meals are not provided by the camp so we will need to organize:
 - Food, drinks and games in between the training session.
 - If you are able to help organize, then please contact Kirstin Shepperson at...
 - kadelber@gmail.com
- We want to have at least one team (18-20 players), however, if we have enough players interested to create 2 teams, that would be even better.
- I will share the registration link for the camp in the coming days.

Team camp is NOT mandatory. It is an opportunity for all rising/returning Grimsley athletes to participate with the team prior to the actual first day of tryouts. The cost of the camp is \$225. There may be some financial assistance available, please reach out to Coach Martineau martinm2@gcsnc.com

First day of tryouts:

Monday, August 2nd ...Tryouts will begin at 8:30am on the Baseball field. ..until 11:30am. Tryouts will continue all week...Tuesday-Friday (9am until 11:30am). Must have a physical and the completed the eligibility paperwork. More details to come about the eligibility paperwork and all that it requires.

Schedule:

I have attached the most current schedule for the season. As games are cancelled or re-scheduled...due to weather or unforeseen events, we will work quickly to get the details out to the teams.

Rising Freshmen

If you know anyone interested in trying out for Grimsley Men's Soccer, then please forward this email and have them reach out to me so that I can add their email to the distribution list.

QUESTIONS?

Let me know how I can help.

Thank you,
Matt Martineau